

STEP UP TO THE PLATE!

LEARN & IMPROVE

HITTING!

**WITH MBA COACH'S
DAVE MANOUSOS & WAYNE FRANKLIN**

BALANCE

ROUTINE & RHYTHM

LOAD

BAT ANGLE

STAYING BACK

STILL HEAD

TO AND THROUGH THE BALL

FINISH

- 1 Player: 1 Hour Lesson \$50
- 2 Players: 1 Hour Lesson \$80
- 3 Players: 1 1/2 hour lesson \$110
- 4 Players: 2 Hour lessons \$140
- 5 Players: 2 Hour Lessons \$170



BEGINNING FEBRUARY 2012 AT THE JM BATTING CAGES